

# GDHC Newsletter Red Rag

June 2025





# NEWSLETTER



@glebehockey

[www.glebehockey.com.au](http://www.glebehockey.com.au)

## WELCOME TO 2025

### In this edition

Player milestones	...4
Director's cut	...5
Glebe on the field	...8
Arthur Stubbs Fundraiser	...8
Glebe gets social	...11
Briar's Derby Day	...13
Glebe boot	...16
Glebe on tour	...17
Rule spotlight	...18
Around the grounds	...21
From the archives	...21
Partner spotlight	...27

Dear Life Members, Players and Glebe Families

### Welcome to the first edition of the Red Rag for 2025.

We're excited to kick off the new year with you and share all the latest news and happenings from across our club community. In this edition, we're introducing some fresh content including our new rule spotlight feature, where we'll break down the recent overhead rule changes that has everyone talking.

We'll also take a nostalgic journey back through our archives to celebrate some memorable premiership victories from 2005.

The club has been buzzing with social activities to start the year, and we can't wait to share what everyone's been up to. Plus, we have wonderful news to celebrate – from new arrivals to wedding bells – there's so much joy happening within our club family.

So grab your favorite beverage, settle in, and enjoy catching up on all things Red Rag!

Thanks to all the contributors to this edition; Jamie Travis, Amanda Chivers, Mon Bordignon, Mack Noller, Mark Paterson and the Board.

Content ideas are always welcomed to  
[communications.director@glebehockey.org.au](mailto:communications.director@glebehockey.org.au)

Angela Micic, Communications Director  
Editor, GDHC Newsletter June 2025

### DATES FOR THE DIARY

18 June - BBQ and State of Origin  
21 June- Syd Uni Derby Day  
18 July - Junior Development Camp  
20 July - Sutho Derby day  
12 July - Social Event - Seniors  
20 Sept - Junior Preso (TBC)  
11 October - Senior Preso Night





# NEWSLETTER



@glebehockey

[www.glebehockey.com.au](http://www.glebehockey.com.au)

## MESSAGE FROM THE PRESIDENT

Dear Life Members, Players and Families,

As we reach the halfway point of the season, it's fantastic to see competitive hockey thriving across all levels of our club.

The energy on the field is matched only by the dedication off it. My heartfelt thanks go to the many volunteers whose time, effort, and passion keep everything running smoothly. From coaching and umpiring to organising events and supporting behind the scenes, your contributions are the backbone of our success. I also want to extend a big congratulations to all players who have reached personal milestones this season. Every milestone is a testament to your commitment, passion, and longevity in the sport and our great Club. Your dedication inspires us all.



Equally exciting is the growing sense of social connection within our community. Whether it's cheering from the sidelines, sharing a post-game chat, or coming together at club events, our club spirit has never been stronger. A shining example of this was this year's Arthur Stubbs Foundation event, a true reflection of what it means to contribute, to come together, and to make a difference. Thank you to everyone who played a part in making this such a meaningful and memorable occasion for our club.

Here's to a great second half of the season!

*Sue Heath*



# NEWSLETTER



@glebehockey

www.glebehockey.com.au

## PLAYER MILESTONES

50

**Orlando Travis**  
50 PL1 Games



**Mick "The GOAT" Sneesby**  
50 PL1 Games for Glebe  
300 PL1 Games

300

50



150

**Olivia "Liv" Edwards**  
150 Senior Games



700

**Peter Busch**  
700 Games



50

**Siala Cochrane**  
50 Senior Games



200

**Ed Noller**  
200 Senior Games



100

**Carla O'Donnell**  
100 Senior Games



100

**Steph Boyce**  
100 Senior Games



200

**Sian Morgan**  
200 Senior Games



50

**Ayisha Travis**  
50 Senior & 50 Junior Games





## DIRECTOR'S CUT

### **MEN'S DIRECTOR - Adrian McKeown** **Strong Start to the Season Across the Club**

The 2025 season is off to a flying start, with promising performances, strong team morale, and exciting new developments across all grades.

Our PL1 team has shown early success thanks to a focused and dedicated approach. Under Adam Campano's leadership, building on the solid foundation set by Craig, the team continues to lift to new heights. PL2, under the guidance of new coach Ian Paterson, has also made an excellent start. Ian has already proven to be a valuable player and addition to the club, bringing energy and expertise to the group.

A major game-changer this season has been the use of our new VEO match analysis technology. It's helping coaches and players across PL1, PL2, ML2 and ML3 review gameplay, provide feedback, and highlight learning moments. Teams are sharing content across grades, learning from higher-level matches, and using it to drive improvement and development.

Our SL5 team is finding form, while SL3 is welcoming junior players and building their confidence and offering a transition pathway for our talented juniors. With no team the same as 2023, players are getting to know each other and growing together, this always takes time, but it seems as though we've hit our stride.

With strong training attendance, great morale, and new players joining the club, the community spirit and club-first mentality continue to shine. The score board doesn't always go our way, but there is no shortage of grit and heart on the field each game day,

“  
**New players  
bring a renewed  
energy**  
”





## DIRECTOR'S CUT

**WOMEN'S DIRECTOR - Michelle Hancock**

**Getting to know you....**

### **Why you volunteered to be a Director?**

I haven't done a lot of volunteering in the past, but when I commit to something, I give it my full effort. Over time, I've found myself thinking more about how things work—and realising it's easy to comment from the sidelines. If you care about something, it's only fair to get involved. I put my hand up for this role to better understand what goes on behind the scenes, and hopefully contribute to some small improvements, especially for our women players.



### **Why did you choose to play hockey?**

I started playing in high school after years of netball and never looked back. The pace, teamwork and challenge just clicked. It quickly became more than a sport; it's where I've found connection, growth and fun.

### **What's a small habit or routine that has unexpectedly improved your life?**

Prepping my son's lunchbox the night before has been a quiet game-changer. I've always been organised, but parenting is a whole new level of chaos. That one small task brings calm to the mornings and gives me one less thing to think about.

### **What book, movie, or song has influenced you most profoundly, and how did it change your perspective?**

Honestly, none. I'm not a poster-on-the-wall, motivational-quotes type. I lean on logic and experience. It might sound dry, but for me, perspective comes from what works, what doesn't, and what I've learned along the way. An exclamation mark in my emails is as exciting as it gets!

### **If you could instantly master any skill without effort, what would you choose and why?**

Either fluent language skills or great cooking! I love the idea of connecting with people through language and I'm definitely not a natural in the kitchen. Both would bring a lot of joy.

### **What's something that most people might not know about you?**

I initially studied to be a Forensic Chemist and worked for the Federal Police when I graduated – I thought that would be my dream job but it turned out that it wasn't. At that time I was really sporty and into fitness and felt physiotherapy was a good fit – so off I went and studied physio! Once I finished that, I worked but soon fell back into study and eventually did my PhD.



## DIRECTOR'S CUT

### JUNIOR'S DIRECTOR - Nic Glass

#### Getting to know you....

#### Why you volunteered to be a Director?

I've been with the club only for a short time and I've always been keen to engage in my local community. With my daughter playing, I was more than happy to help out. I had such a great role model with my Dad when I was younger and playing and remembering how rich my experience was when he was volunteering. It's my way to recreate the same memories for my kids and to give back in this lifetime.

#### Why did you choose to play hockey?

I grew up on the hockey field from about 3 years old, my brothers and I, running about with my dad's old sawn off hockey stick where the hook was almost as long the handle. My dad was involved in a very community driven club in South Africa and all the hockey families would go down to the club on a Sunday, watch the matches; kids running about socialising, and there would be a big charcoal BBQ for lunch every week. The sport was serious on the field but so was the enjoyment of community and sense of fun and belonging off the field. It was a fantastic atmosphere that holds a special place in my heart. I want the same kind of memories for my daughter, Abby, who now plays.



#### What's a small habit or routine that has unexpectedly improved your life?

It might sound simple, but getting into the habit of not stressing over the small stuff has made a big difference in my life. It's not something that happened overnight—more of a mindset I've been practicing over time. Life feels a lot lighter when you give yourself permission not to sweat the small stuff.



#### What book, movie, or song has influenced you most profoundly, and how did it change your perspective?

A bit controversial, but Ayn Rand is my favourite author, she is about individualism, however I think it is important that community is made up of individuals, not to be the same or have a specific dogma, but to enjoy each other's company. This combination is perhaps the essence of what makes us human.



[www.glebehockey.com.au](http://www.glebehockey.com.au)

## JUNIORS 'S DIRECTOR - Nic Glass

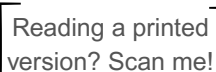
### Getting to know you....

If I could magically master any skill, I think I'd choose to be an artist. I've always loved art—the colours, the creativity, the way it allows people to express things that words sometimes can't. I think I'd be pretty happy spending my days creating, exploring ideas, and getting lost in that flow. It feels like such a joyful and meaningful way to connect with the world..

I've been getting into making dry-cured bacon. It started as a bit of a curiosity, and over the past year I've been experimenting with different methods and flavours. I've definitely had a few misses—turns out curing meat is part science, part patience—but recently, I've had a few batches turn out pretty tasty. There's something really satisfying about the process, and it's a fun way to combine creativity with a bit of old-school food know-how. I'm still learning, but I'm hooked!



Glebe Hockey has got some serious talent and there is nothing better than showcasing that. We have started a collection of magic moments on the field - head over to [Youtube](#). We'll be regularly uploading our VEO videos.





## ARTHUR STUBBS FOUNDATION

### A Night of Hockey, Heart and Community Spirit Raises \$10,000 for Future Stars

Rain, rivalry and a whole lot of heart—our recent fundraiser in support of the Arthur Stubbs Foundation and Glebe Hockey was an unforgettable celebration of community, sport and generosity. Thanks to the incredible support of our players, families, supporters, volunteers and local businesses, **we proudly reached our fundraising target of \$10,000**—a huge win for our club and the young people we're backing to chase their sporting dreams.

Despite a steady drizzle, the juniors lit up the field in the opening match of the evening. With wide smiles and boundless energy, they showed what true team spirit looks like, turning soggy socks into stories to tell for years to come. After many fun and fiercely contested U10 and U12 matches, the **Archers** took home the glory, claiming the inaugural Arthur Stubbs Foundation Junior Carnival Trophy in style. Nic Glass showing his metal during his first "official" outing as Junior's Director.



Charlie Paterson, future PL1 player!

We showed our kids the power of teams, of friendship (even when competition is fierce) and when people get together, rally behind each other - anything can happen. Our community showed up and our many volunteers rolled up their sleeves and made this event possible.





# NEWSLETTER



@glebehockey

www.glebehockey.com.au

## ARTHUR STUBBS FOUNDATION



Off the field, the atmosphere was just as electric. Amazing food brought people together—mouth watering pig on a spit, fully loaded nachos, and a bustling crowd enjoying every bite. The silent auction and raffle was a huge success, with generous donations from local businesses and spirited bidding helping to push us over our fundraising goal. The wine rack was a mighty prize with Googa attempting to hijack and buy all the keys until the crowd was onto him. In the end Cate Heath won the loot, and we can confirm it was all above board!

The much-anticipated Young Guns vs. Legends game followed, bringing a mix of experience, flair and a little friendly fire. While the Young Guns came out firing, the Legends clinched the win—though not without a helping hand from some rising stars in their ranks! The crowd was on hand to hear Mack's commentary of the game in true Mack style. The Young Guns were desperate for win, resulting in some 'interesting' stick work and sin bins for Henry Hunt and Aiden Njadzion. [Link to the winning goal.](#)



The Arthur Stubbs Foundation was created to ensure that all young people in our club can access opportunities in sport, no matter their background or skill level. Thanks to this event, we've taken a huge step forward in making that vision a reality.

To everyone who played, volunteered, cheered and donated—thank you. Together, we made more than just memories. We're building a future full of opportunity, growth, and the true spirit of Glebe Hockey.



# NEWSLETTER

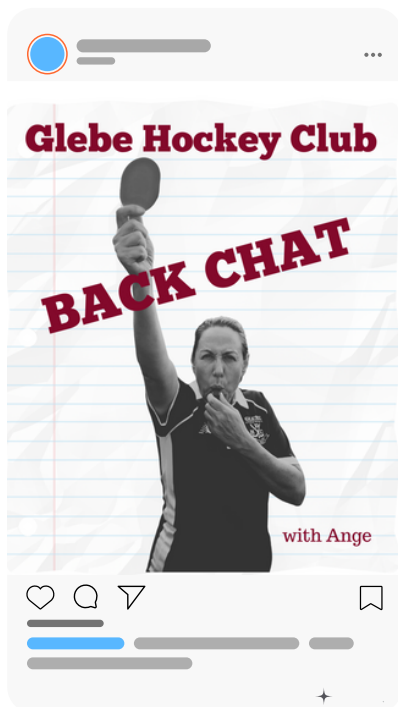


@glebehockey

www.glebehockey.com.au

## GLEBE GETS SOCIAL

There's never been a better time to follow Glebe Hockey online! Our social media channels are bursting with fresh content that's celebrating everything we love about our club—from player and team achievements to behind-the-scenes moments that capture the heart of our community. Celebrating our players and showcasing our community events.



We've kicked off **Back Chat**, our brand-new interview series giving you an inside look at the stories, laughs and insights from club legends. It's real, it's fun, and it's all about what makes Glebe special. If you haven't had a chance to watch any, head over to [YouTube](#). So far we've interviewed Mark Paterson and Andrew "Googa" Goodrick and Mon Bordignon



Reading a printed version? Scan me!

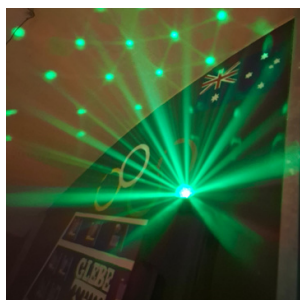


## JUNIOR DISCO

The dance floor was packed all night long, with everyone moving to the beat at the Junior Disco on Saturday, 31 May. The song 'APT' had the kids absolutely buzzing, while the timeless classic 'Gangnam Style' proved it still has the magic touch, drawing parents onto the dance floor alongside their children. Will that song ever get old?...Apparently not!

The evening was made even more special thanks to our incredible junior parents who generously volunteered their time, ensuring there was delicious food for everyone throughout the night. Their dedication makes these magical evenings possible.

What made the night truly special was witnessing our club spirit in action – seeing children of all ages come together at our beloved clubhouse, laughing, dancing, and simply enjoying being part of our #glebefamily. These are the moments that create lasting memories and remind us why our clubhouse truly is our spiritual home. Nights like these capture the heart of what our club is all about: bringing people together and celebrating the joy of community.





# NEWSLETTER



@glebehockey

[www.glebehockey.com.au](http://www.glebehockey.com.au)



Reading a printed version? Scan me!

**Head over to Team GDHC Facebook page for all the action on the night**



## SENIOR PUB CRAWL

On Saturday 24 May, the annual Glebe Hockey Pub Crawl made its triumphant return — and what a night it was. One of the biggest social events on the club calendar, the evening drew a fantastic crowd of over 50 players, with strong representation across all women's and men's grades, from seasoned veterans to fresh-faced recruits.

The festivities kicked off at The Glebe Hotel before moving on to Friend in Hand, and then to a raucously received karaoke session at the Kauri, where vocal cords and dignity were equally tested. The night wrapped up at the Clubhouse, with plenty of laughter, bonding, and questionable dance moves!

It was brilliant to see the club community come together, let their hair down, and enjoy a night of good company and even better pub acoustics.





## WARK-TREVENAR TROPHY BRIARS DERBY DAY



What an absolute corker of a day we witnessed on 17 May! The weather gods smiled down on us as the rain stayed away and the faithful flocked to witness another chapter in this storied rivalry. From the first whistle to the final hooter, Glebe came out with all guns blazing, ready to make their mark! While the Wark-Trevenar Trophy stays with Briars for 2025, every single player in red and white can hold their heads high after a display of courage, skill and determination that did the club proud.

**ML2** set the tone with a heart stopper. The opening contest started at a gentle canter but did it explode into life! These two juggernauts were trading blow for blow, evenly matched and neither giving an inch. Briars drew first blood in the second quarter from a PC - and what a strike it was! That goal lit a fire under them as they hunted for more PC opportunities right up to the break, but credit where it's due - our defensive wall stood firm as granite. The third quarter? Absolute mayhem! Both sides came out swinging with the intensity cranked up to maximum volume. Poor Jess Kennedy in the GWD goal was peppered with shots and our defence was tested to the limit as Briars kept knocking on the door. The cards were flying - Ella Rowe, Siala Cochrane and Emma Kelly all seeing green or yellow as the battle reached fever pitch! Our girls absolutely dominated the final quarter, but in a cruel twist of fate, Briars managed to sneak home a PC conversion in the dying embers. Final score: a heartbreaking 1-0 defeat, but what a performance! Players' player honours went to the magnificent trio of Phoebe Kershaw, Corrina Aitken and Siala Cochrane.





## WARK-TREVENAR TROPHY BRIARS DERBY DAY



Next up, our **ML3** warriors stormed out of the blocks with purpose, showing real attacking intent that carried through a dominant first half display. But sport has a funny way of turning tables, and Briars roared back in the third quarter like lions unleashed! Our defensive unit was under siege - facing down four consecutive PCs in a relentless barrage. The pressure was intense as we found ourselves pinned in our own 23, with Briars' forwards and midfield orchestrating wave after wave of attacks. The fourth quarter was pure desperation hockey - both teams throwing everything at each other in search of that golden goal, creating rapid-fire turnovers that had hearts racing for the spectators.

When the final whistle blew, honours were even at 0-0 in a match that neither side deserved to lose. Monica Bordignon claimed top players' player honours, with Brooke Bishop, Nic Longhurst and Tilda Tordoff sharing the remaining accolades.

The men's campaign opened with our **PL1** squad bursting from the gates like thoroughbreds, but Briars had other ideas, striking early in the opening quarter to silence the Glebe crowd. Enter Orlando Travis with a moment of pure magic - a drag flick so sweet it could have been crafted by the gods themselves, nestling perfectly in the top right corner to level the scores! Our full-court press was a thing of beauty in that first half, but both teams were showing the heart of champions with chances going begging at both ends. The second half was anyone's game - tension thick enough to cut with a knife and penalty corners raining down on the Glebe attack, but lady luck wasn't wearing red and white today.



Briars capitalised on a loose ball in the final quarter to break hearts and seal a 2-1 victory. Tim Pritchard, Henry Hunt and Mark Paterson took the players' player honours in what was a gallant defeat.



# NEWSLETTER



@glebehockey

www.glebehockey.com.au

## WARK-TREVENAR TROPHY BRIARS DERBY DAY

With the pressure mounting and the trophy slipping away, our **PL2** heroes knew this was do-or-die time! The intensity was off the charts - so physical that three Glebe players found themselves in the referee's book, but that's what happens when pride and passion collide! Brad Peterson produced a moment of pure artistry to equalise in the second quarter - a goal that would have made the highlight reels for weeks. But despite giving everything they had in the tank, Briars managed to edge ahead for their third victory of the day, 2-1. Dom Titner led the players' player voting, followed by Dylan Howe and Luke Daynes.



**PL3** saves the best for last. What a way to cap off the evening! If you only watched one game all day, this was the one to see! Chris Farrugia got the crowd on their feet early with a thunderous penalty corner strike in the opening quarter. Then came the Darcy Matthews show in the second quarter - weaving through three defenders like a magician before being denied at the crucial moment. Declan Cohen carved through the middle like a hot knife through butter, only to be met by Briars' steel wall of defence that refused to buckle. The fourth quarter was pure nail-biting theatre - a Briars PC looked destined for the net, but our goalie, Clark Foster and defender extraordinaire Robbie McIntosh produced a defensive masterclass! Final score: 1-0 to the Redmen - our only victory but what a beauty it was! Chris Farrugia and Darcy Matthews shared top honours, with Andrew Cheong and Aiden Najdzion picking up well-deserved recognition.





## GLEBE BOOT RETURNS

This year, we proudly revived a cherished club tradition – The Glebe Boot, a 6km fun run with a twist, turning fitness into a celebration of community, camaraderie, and just a little bit of friendly competition.

The unique element of the Glebe Boot is its focus on self-awareness and strategy: each participant estimates how long they think it will take to complete the run. Watches and fitness trackers are banned – it's all about pacing, instinct, and maybe a little bit of luck!

We had a small but committed group turnout and some truly memorable moments. Henry Hunt blazed through the course to take home the Silver Boot for the fastest time in an impressive 22mins, while Sash Fomin claimed the Golden Boot – finishing within just six seconds of his predicted time (despite getting a little lost along the way!).



Reading a printed version? Scan me!

**Head over to Team GDHC Facebook page for all the action at the finish line**



**There are two coveted prizes up for grabs:**

The Golden Boot, awarded to the runner who finishes closest to their estimated time, and



The Silver Boot, awarded to the runner with the fastest overall time.

2	Mack Noller	25:00:00	26:11:00
3	Ed Noller	28:30:00	29.27
4	Henry Hunt	22:15:00	22.08
5	Liam Crowhurst	29:12:34	32.05
6	Matt Wilson	25:49:00	27.02
7	Dan Palomeque	27:07:00	27.11
8	Adrian McKeown	40:00:00	37.2
9	Sash Fomin	35:48:00	35.44
10	Victor	32:30:00	29.4
11	Frank Paterson	30:00:00	41.14
12	Hamit Bhulla	33:05:01	33.11
13	Mark Paterson	36.5	41.35
14	Cate Heath	36:25:00	32.56
15	Gabby Paterson		
16	taylor pocock	28.56	29.19
17			
18			
19			
20			
21			
22			
23			
24			
25			
26			
27			



One of the true highlights of the day was seeing the entire Paterson family out on the course. Grace and Isla zoomed along on their scooters, Charlie rode in style in the pram, and Gabby, Mark, and Frank rounded out the team on foot. It was a heart warming reminder of what makes our club so special – people of all ages coming together, moving their bodies, and making memories.



## GLEBE ON TOUR

### Singapore 6s

In February Glebe once again took part in the annual SCC International Hockey 6's tournament — a chaotic, sun-soaked, hockey-fuelled weekend unlike any other. This year, we proudly sent two women's teams and one men's team to fly the Glebe Hockey flag abroad. On and off the pitch, the vibes were high, the banter elite, and the team bonding unforgettable.

Two women's teams (the Slayers and Hornets) and a men's team competed against other Australian teams from Melbourne, Perth and Queensland, as well as international teams from Hong Kong, Malaysia, Japan, and Singapore.

The tournament calls for a return to grassroots hockey with teams trading new school turf tricks for old school basics. Games take place on The Padang with the picturesque backdrop of the National Gallery and Esplanade Park.

The results? Our top-tier Glebe Hockey Redmen fought their way to the preliminary finals with heart and hustle! In a match that had supporters on the edge of their seats, they battled through game time only to face the ultimate test—a shootout! Though they fell just short (4-3) in the most dramatic fashion possible, their determination and team spirit were nothing short of inspirational.

Not to be out done by our fabulous women's team. The Glebe Women Hornets had been absolutely unstoppable over the tournament! Making it all the way to the semi-finals in the top-tier division, these fierce competitors showed everyone what Glebe hockey is all about. Our second Glebe women's team - Slayers carved their path to the semi-finals in the second-tier division with pure grit and determination.





## OPINION PIECE: RULE SPOTLIGHT

Jamie Travis unpacks the overhead rule

The aerial (overhead) pass rule (rule 9.10), and its application and interpretation by officials, players and spectators alike, would have to be the most contentious of the FIH Rules governing the conduct of play. Decisions can vary so widely that players are left bewildered in the least, and increasingly frustrated as a match progresses. Closely contested situations are frequently met with raucous appeals and dissent.

**Why all the drama and confusion?** The answers lie in how the rule has been written, and how it coincides with and is affected by a number of other rules. From a player's perspective, I briefly examine the aerial pass rule and what affects its interpretation on the field discuss how teams can take advantage of it.

### The aerial pass rule: What's changed?

The trial version of the rule was introduced by the FIH in late 2024 and adopted by Sydney Hockey Association for the 2025 season.

Previously, the rule stated:

- "Players *must not* approach within 5 metres of an opponent receiving a falling raised ball until it has been received, controlled and is on the ground".

The trial version of the rule removes the requirement of the ball to be 'received, controlled and on the ground'. Now, the ball need only be '*touched*' by the initial receiver before another player is permitted to approach within 5 metres. Seems clear enough. If only it was this simple!

### When '5 metres' does not mean '5 metres'.

The aerial pass rule also states that:

- "The ball *may* be intercepted *within 5 metres* but outside of playing distance, provided it is done safely".

This has not changed with the introduction of the trial version of the rule. However, this second element of the rule directly contradicts the first. On one hand, you *must not* come within 5 metres of the receiver. On the other hand, you *may* do so to 'safely' intercept the ball, as long as you remain outside of 'playing distance'.

Inconsistencies in decision-making stem from this contradiction within the rule. Combine this with (a) the general advice given to umpires that 'reasonable actions' within 5 metre situations are acceptable, and (b) application of the advantage rule, it is little wonder that officials and players continue to grapple with it on the pitch.



## OPINION PIECE: RULE SPOTLIGHT

Jamie Travis unpacks the overhead rule

### When '5 metres' does not mean '5 metres' (cont'd)

Umpires are expected to judge whether an action is reasonable or dangerous, or if it has led to danger. More often than not, a clear distinction cannot be made in the heat of play. In my view, this is because:

- There is no good agreement on when you *must* remain 5 metres away, and when you *may* be within 5 metres but 'outside playing distance',
- 'Playing distance', despite its broad FIH definition, is highly variable among players and affected by multiple factors (e.g. whether a player is stationary or in full flight),
- Judgements of distance largely depend on the viewing perspective you have on then pitch, and
- Any attempt to intercept an aerial pass within 5 metres of the initial receiver could be construed as dangerous play under rules 9.7 and 9.8.

### What is a 'safe' interception?

The FIH Rules assert that the safe interception of a failing ball is now seen as "legitimate and positive to the development of the game".

In its 2025 umpires briefing, the FIH advised that an interception is likely to be safe when the ball is played away from the receiver so that 'playing distance' between players is not reduced.

Dangerous attempts at interception occur when a player:

- Comes in from behind or in front of the receiver, and
- Attempts to control the ball within 5 metres of the receiver.

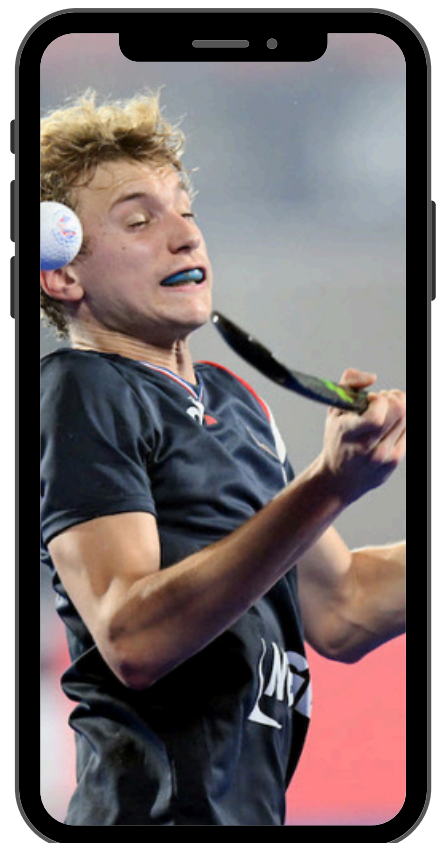
### Taking advantage of the aerial pass rule

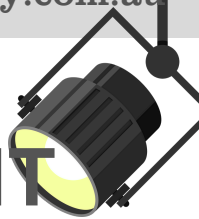
Expect differences in opinion and decisions. Substantial latitude may be given to what is reasonable and acceptable.

Wherever possible, umpires will apply the advantage rule to celebrate skillful play, to penalise an offence without blowing the whistle, and to reduce unnecessary disruptions to game flow.

### Encourage interceptions of aerial passes

Attempt to intercept an aerial pass somewhere within 5 metres and outside the reach of the initial receiver. Your best bet is to approach the receiver from the side i.e. roughly perpendicular to the direction the ball is travelling.





## OPINION PIECE: RULE SPOTLIGHT

Jamie Travis unpacks the overhead rule

When doing so, play the ball away from the receiver into clear space. This can include playing the ball over the sideline or the backline.

Sounds easy, but this requires specific skill development in how to safely play an aerial ball on both the forehand and backhand whilst stationary and, more importantly, whilst on the run.

Of course, if you are the receiver and the ball is intercepted within 5 metres of you but beyond your reach, expect to *play on!*

### Maintain your distance if not intercepting

Whether you are more or less 5 metres from the receiver, maintain that space until the receiver touches the ball.

Of course, if you are within 5 metres and you close down space and encroach on the receiver's 'playing distance' before they touch the ball, you should *expect to be penalised*.

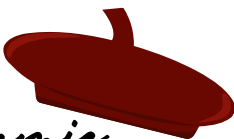
If you are the receiver and an opponent is within 5 metres of you but not interfering with the flow of play, expect to *play on!*

### Test what is acceptable, early!

Teams should test umpiring tolerance to actions with 5 metres early in each match to gauge what is likely to be acceptable play on the day. Best to do so in non-critical defensive situations outside of your defensive 23.

### Take informed risks

To seek advantage over your opponent and amplify your scoring opportunities, it is safer to press the boundaries of the rule whilst in open play in the midfield, within your attacking 23, and within the attacking circle.

  
Jamie





## AROUND THE GROUNDS

### New additions to Glebe Juniors!

Congratulations to Victor Dunand (PL2 player) and Cordelia Hempel  
New addition to the family, Mirabelle Dunand-Hempel arrived a few weeks ago. By all accounts, she's ready for Minkey.



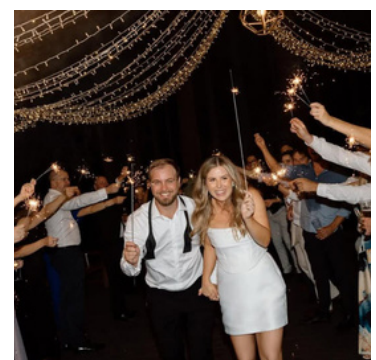
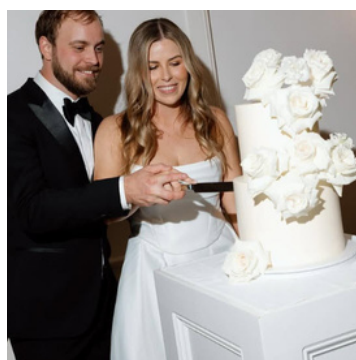
Congratulations to Phoebe Kershaw (ex-Women's Director and ML2 player) and Tom Hurrell (SL2 player) on their new baby a several months back. He's already on the move!



**Our hearts are full and Glebe Juniors is looking bright!**

### Wedding for the ages

We love a wedding, and we love it when it's a #glebefamily wedding. Congratulations to Cameron Johnston (PL3 player) and his beautiful, now wife wife Larissa. Celebrating at Kantara House a few months ago - lucky for us it was during pre-season!





## FROM THE ARCHIVES

### 20 Years On: Remembering our triumphant 2005 campaign

#### Message from the President - Bob Taylor

The 2005 season was exceptional as Glebe DHC celebrated its 75th Birthday. The revival of the classic maroon shirt with white V impressed everyone, while the 75th Birthday Party at Wests Ashfield brought together 280 patrons and members for one of the club's most memorable nights.

On the field, it was an outstanding season with the men's teams securing five premierships. The highlight was First Grade winning the Premier Division for the first time since 1997, with a team comprised entirely of Glebe Juniors. Traditional fundraisers including the Junior Carnival, Trivia Night, and Presentation Night contributed to a successful year.



#### Premiership-Winning Team Reports

##### Men's First Grade: Premier Division Champions

The First-Grade side capped the 75th year with a Premiership, a testament to the club's development programs. The Grand Final team uniquely featured eleven Glebe Juniors, nine of whom had played their entire hockey career with Glebe since Under 11s. This achievement was unmatched by any other side in the competition.

The team's success was built on strong camaraderie, with players described as "the best of mates," evident in their style of hockey.

Their philosophy was teamwork and playing for each other, leaving individual egos aside. Geoff Paterson coached the first-grade team, Danny O'Brien the second-grade team, and Col Rochester the third-grade team. The team also won the Yates Shield by defeating Sutherland 3-2 in the last round game of the season.



## FROM THE ARCHIVES

### Men's Third Grade: Grand Final Victors

The Third-Grade side had an "up and down season" but culminated in a "very good victory in the grand final against Gordon North Sydney". The team was a mix of "old experienced heads and young up-and-coming talent". After tough semi-final matches, the team demonstrated firm resolve for a 3-2 victory.

Coach Colin Rochester enjoyed being involved with such a successful and enjoyable team. He emphasised the importance of hockey fundamentals like good trapping, effective early passing, and 'smart' tackling. Rochester thanked Peter Busch and Ken Wark Jr. for their support and advice, and Charlie Brown for constructive insights during the final series. Special commendation went to manager Steve Howard for his quiet, professional work that contributed significantly to the team's success.



### Men's Fourth Grade: Back-to-Back Premiers

The Fourth-Grade men's team won the premiership for the second consecutive year. Despite a slow start to the season, going 3-0 down in the first game, the team's character shone through as they fought back to draw the match. They played an exciting, attacking style of hockey, finishing as the top goal scorer in the men's club and the entire second division, netting over 90 goals in 20 matches.

The team, described by Captain Tim Sutton as a "great blend of youth and experience," remained undefeated after losing in the first round, building towards their flag. Sutton noted the gratifying development of young players, who exhibited growing confidence and skills.



## FROM THE ARCHIVES



### Men's Sixth Grade: Strong Contenders

The Sixth-Grade team, featuring a strong presence of players such as Googa and the improved Lex, was identified as a contender for the finals early in the season and successfully secured the pennant. Their success was attributed to a "good core team spirit," which kept everyone playing well.

Veteran players like Les Wark, Graeme Brown, Steve "Stinky" Casey, and Amrat Parbhu helped maintain team confidence. The team's positive outlook and constructive half-time talks, especially from George Manou, were key factors.

### Glebe Hockey Women's Teams in 2005

Our women's section had an outstanding 2005 season, expanding to four teams in the Sydney Women's Hockey League under the excellent leadership of Moira Williams and our dedicated team managers.

Each grade showed inspiring determination and development throughout the year. **First Grade** demonstrated tremendous heart during a challenging season, earning a well-deserved breakthrough victory that marked significant team growth. **Second Grade** welcomed new faces alongside returning players, creating an enthusiastic squad that approached every match as a learning opportunity with infectious team spirit.

**Third Grade** delivered consistently competitive performances with their focus on teamwork, while **Fourth Grade** struck the perfect balance of experienced players mentoring newcomers, playing with genuine enjoyment and steady improvement.

What truly stood out was our collective commitment to player development, strong team spirit, and love of the game. All four teams contributed to maintaining Glebe District Hockey Club's respected position in Sydney hockey, proving that growth and enjoyment flourish together in a supportive club environment.





## FROM THE ARCHIVES

### Junior Premierships

#### Under 17A: "3 in a row"

The U17A team, despite often struggling with numbers and having only nine regular players, reached the grand final with the assistance with the "doubling-up" of our U15A Redbacks players. Under coach Les Wark and managers John Cullen and Keith March, they defeated Sutherland on penalty strokes to make it "3 in a row".

#### Under 15B Strikers: Exciting Grand Final Victory

The Strikers finished fourth in Central Area competition despite player shortages. They defeated two Sutherland teams in finals before facing Minor Premiers St George in the grand final. In an exciting finish, Glebe scored the winning goal in the final two minutes despite being a player down, showcasing resilience developed through the season. Oliver Holyoake was named Player of the Grand Final, with coach Tom Holyoake congratulated for an excellent season.

#### Minkey

The popular Minkey programme, led by Vernon Howe and Chris Robson, attracted up to 50 children each Saturday morning at Jubilee that year. A "great breeding ground for the stars of the future."

“

"Minkey is great breeding ground for the stars of the future." - Vernon

”

### The Spirit of Glebe DHC in its 75th Year (2005)

The 2005 season was more than wins and losses for Glebe District Hockey Club – it was a celebration of community, camaraderie, and 75 years of proud history filled with unforgettable moments for everyone involved.

**For Players,** 2005 meant being part of something special. The introduction of the classic maroon club shirt with white V created renewed identity and pride. The men's First Grade team, composed entirely of Glebe Juniors, showcased our strong development pathway and deep club connection. Across all grades, especially our premiership-winning sides, players emphasized "teamwork," playing "for each other," and the joy of competing alongside "the best of mates." Despite challenges like player shortages, teams showed remarkable resilience while maintaining focus on fundamentals, growth, and team spirit.

**For Members,** the 75th year brought immense pride and active participation. The milestone 75<sup>th</sup> birthday party at Wests Ashfield attracted 280 patrons, symbolising our enduring family unity. Special anniversary playing shirts and junior badges reinforced our shared belonging and history. Strong attendance at social events like trivia and presentation nights highlighted the club's vibrant community beyond hockey.



## FROM THE ARCHIVES

**For Volunteers**, 2005 showcased their essential role as the club's backbone. From the Management Committee to coaches, managers, and fundraising teams, their quiet professionalism and tireless dedication created an environment where players thrived and members connected.

**For spectators**, it was an thrilling year to support Glebe DHC. With 14 of 23 teams reaching finals and six securing premierships, there was plenty of exciting action. The attacking style of teams like Men's Fourth Grade, who topped the goal-scoring charts, provided entertaining viewing while the competitive spirit and camaraderie made every game engaging for our supportive community.

“

The 75th anniversary year successfully combined competitive success with community celebration, establishing a foundation for future growth while honouring the club's rich history.

”



Reading a printed version? Scan me!

The 75th anniversary year was marked with video showcase, you can watch that on [YouTube](#)

*Mark Paterson*  
Assistant Club Historian



# NEWSLETTER



@glebehockey

[www.glebehockey.com.au](http://www.glebehockey.com.au)

## OUR PARTNER SPOTLIGHT



JDH is an exclusive field hockey brand, designed in Australia by 5x World Player of the year, Jamie Dwyer. JDH sticks have been designed and manufactured with extreme detail. Jamie has created the perfect stick, something he is proud to put his name on and others are proud to use.

JDH offers Glebe Hockey a generous 35% off the Genesis Stick at the checkout

**Use code: `GlebeHC2025-35%`**

A long term partner of the Club, JDH has been incredibly generous over the years, and Glebe Hockey are thankful for Jamie's ongoing support.  
[www.jdhsports.com](http://www.jdhsports.com)



A new partnership! GWD and Glebe Hockey Club are teaming up with LSKD! – one of the fastest-growing performance and streetwear brands in Australia!

Whether you're hitting the turf or the gym, LSKD has you covered with gear that looks sharp and performs even better. There is a wide range of both men's and women's athletic gear.

To celebrate the partnership, we're giving our hockey community 10% off at checkout.

**Use code: `GWD10-FPCREW`**

when you shop at <https://www.lskd.co>



# NEWSLETTER



@glebehockey

[www.glebehockey.com.au](http://www.glebehockey.com.au)

## OUR BOARD



Sue Heath – President  
[president@glebehockey.org.au](mailto:president@glebehockey.org.au)



Katrina Cochrane – Development Director  
[development.director@glebehockey.org.au](mailto:development.director@glebehockey.org.au)



Michelle Hancock – Women's Director  
[womens.director@glebehockey.org.au](mailto:womens.director@glebehockey.org.au)



Mike Newton – Treasurer  
[finance.director@glebehockey.org.au](mailto:finance.director@glebehockey.org.au)



Adrian McKeown – Men's Director  
[mens.director@glebehockey.org.au](mailto:mens.director@glebehockey.org.au)



Angela Micic – Communications Director  
[communications.director@glebehockey.org.au](mailto:communications.director@glebehockey.org.au)



Nic Glass – Junior's Director  
[juniors.director@glebehockey.org.au](mailto:juniors.director@glebehockey.org.au)



Ellen Kennedy – Secretary  
[club.secretary@glebehockey.org.au](mailto:club.secretary@glebehockey.org.au)

**Previous editions of the Newsletter are available  
on our website.**

We endeavour to ensure that information in this newsletter is accurate. If you notice any errors or omissions we will do our utmost to correct them. And if we have missed anything that you think should be included, please get in touch so we can consider for future editions.



**Glebe  
District  
Hockey  
Club Inc.**

**Family | Equality | Commitment | Contribution**



## DIRECTOR'S CUT

### DEVELOPMENT DIRECTOR - Katrina "Shorty" Cochrane Focusing on Growth and Development

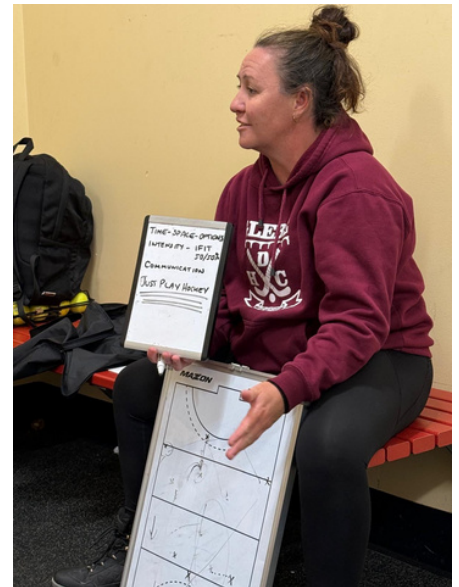
As we approach the mid-point of the season, it's a great time to reflect on the key areas we've been focusing on for club development in 2025. One of our main goals this year has been to support and elevate player skill development across all levels. Whether it's refining the basics—like passing, trapping, and positioning—or building confidence in game awareness and teamwork, our aim is to help every player grow in ability and enjoyment of the game.

We've placed a particular emphasis on strengthening the pathway for our talented juniors, with a view to preparing them for senior grades. It's been fantastic to see emerging players step up with great energy and potential. Our coaches are working closely with these players to ensure they have the skills and mindset needed to thrive in senior ranks when the time comes.

Beyond player development, we're also turning our attention to growing support roles within the club. We're excited to get some structured umpire development underway soon, providing guidance and mentoring for those interested in learning the ropes or building confidence in their officiating. It's a vital part of the game and a great way to stay involved in the sport.

In addition, we're working on launching some goalkeeper-specific training sessions in the coming weeks - our PL1 goalie, Mike has offered to mentor our goalies. We know how crucial this specialised position is, and we want to make sure our goalies—current and aspiring—have access to the support and skills they need.

It's been a strong start, and there's plenty more to come. Thanks to all our players, coaches, volunteers, and families for your ongoing support and enthusiasm as we continue to build a stronger, more connected club.



Our next junior development is 18 July 2025.